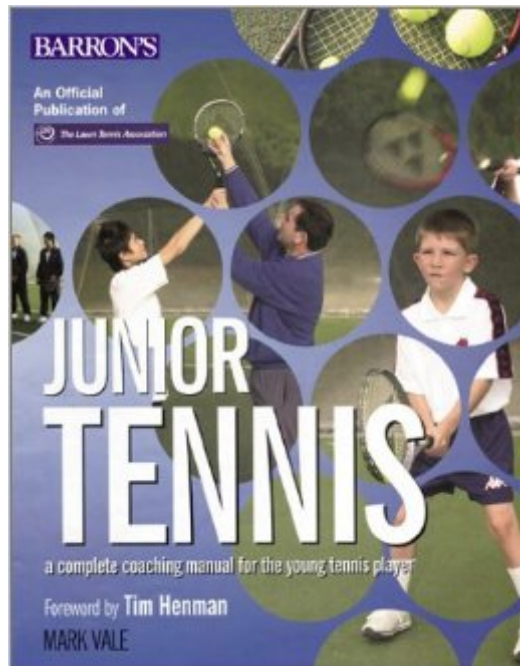


The book was found

Junior Tennis: A Complete Coaching Manual For The Young Tennis Player



Synopsis

Junior Tennis is a complete guide for beginners, and for coaches and parents who want to teach the game's fundamentals to kids, ages 6 through 16. Beautifully and instructively illustrated, this manual was written and prepared in association with England's renowned Lawn Tennis Association.

Students of tennis will learn: basic rules and etiquette; how to hit effective, consistent ground strokes; the essential skills of serve/volley and chip-and-charge; cross-court volleying; how to select the best equipment; and much more. Sequenced photography, sidebar tips, instructive diagrams, and a fun quiz will help junior tennis players improve technique and fully understand the game. Approximately 200 full-color photos and diagrams in total.

Book Information

Paperback: 128 pages

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Product Dimensions: 10.2 x 7.7 x 0.4 inches

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Average Customer Review: 1.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #3,423,845 in Books (See Top 100 in Books) #62 inÂ Books > Children's Books > Sports & Outdoors > Racket Sports #1044 inÂ Books > Sports & Outdoors > Individual Sports > Tennis #1259 inÂ Books > Sports & Outdoors > Racket Sports

Customer Reviews

No real insight on achieving or attempting world class development. Nothing in here you cannot find free on the web.

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